



CAN Community Council Meeting Minutes, 4/16/2018

Community Council Members in Attendance:

Rebecca Birch, Laura Griebel, Nora Comstock, Aletha Huston, Eileen Schrandt, Ara Merjanian, Caroline Reynolds, Nancy Gilliam, Ricardo Garay, Alba Sereno, Hunter Ellinger, Leslie Puckett, Carmen Luevanos

Guests in attendance: Kelly Crook, Norris Sebastian, Stephanie Morgan, Molly Garcia, Amanda Cortez, Mary Ellinger, Jessica Kistler, Angela Atwood

CAN Staff: Raul Alvarez, Jelina Tunstill

Call to order & announcements: Chair, Laura Griebel, called the meeting to order at 6:22 p.m. Welcomed everyone and then thanked Kelly Crook, DVISD superintendent and Rebecca Birch for hosting us. She also thanked the DVISD culinary program for preparing food for us.

Citizens Communication: None

Approval of Minutes: The meeting notes of 2/12/2018 were approved as submitted on a motion by Ara, seconded by Nora.

Del Valle ISD Presentations: Laura and Raul opted out of the chair and executive director's report to allow time for the DVISD presenters as well as the tour of the athletic facility.

Health and Wellness: Dr. Stephanie Morgan, UT School of Nursing, is the director of both wellness clinics. She shared a handout that showed the costs of their services and shared 2017 statistics gathered at their Children's Wellness Clinic. The Children's Clinic has been in operation since 1995. They are open Monday through Saturday during the school year and open Monday through Friday during the summer. They provide well child checks and do all screenings. Some of the clinic's highlights is that in 2017 they served 2,000 children and had 5,000 visits. They provide immunizations from 8 am to 9 am in the morning, but will do them all day. Vaccine For Children (VFC) is for people who are not insured. The state and St. David's helps fund that program. They performed 242 sports physicals on campus and in other clinics. They work with both insured and uninsured. The prices are reasonable.

Molly Garcia, Director of Health Services in Del Valle, provides education and support for school nurses. She shared information about the health interventions in DVISD. DVISD has 11,497 students, 8 elementary schools, 3 middle schools, 1 high school, 1 opportunity center, and 1 alternative school. The economic status of the District includes 10% eligible student for reduced price meals, 13% are not economically disadvantaged and 77% eligible for free meals. The insurance status in DVISD, pulled from student information system, <1% have the Medical Action Program, 11% have CHIP, 12% have no insurance, and 67% have Medicare. They have 1,082 students with health conditions. In the 2016-17 school year, there were 74,218 documented visits to the Nurse's Office. They have state mandated services, as well as, community programs to help support the health needs of their students including, but not limited to: fitness gram, health screenings, mobile food pantry, nutrition classes, community wellness classes and much more. Travis County Integral Care helps with behavioral health. School Nursing Children's Wellness Center does free eye exams and give free glasses with the Vision Van Program. St David's dental program has provided over \$800,000 worth of services to DVISD students. The Healthy School Vaccine Program vaccinated about 1,500 students. Prescription Drug Assistance Program that helps parents get whatever prescription medicines they may need. They are trying to follow the whole school, whole community, and whole child model.

CTE: Amanda Cortez, Health Science Teacher in DVISD, stated that at the present time DVISD students are enrolled at ACC and working to earn first level certifications as phlebotomists, emergency medical technicians, and pharmacy technicians. They also have student earning certifications as patient care technicians and medical assistants. DVISD students are able to enter a thriving workforce when they graduate high school. These certifications put DVISD students ahead of others when they go in to apply for medical school. Del Valle High School students are participating in St. David's School of Nursing Standardized Patient Program which trains the students to take care of patients with a specific disease and portray diseases for students at St. David's. Through the Healthcare Workforce Alliance of Central Texas, students are shadowing patient care technicians at St David's South and at the Medical Center where they get to assist with tasks, such as vital signs, bathing and transferring of patients, as well as assist in the ER, Post Anesthesia Care Unit, Medical Surgical Floors, and the Rehab Unit. They participate in the nursing academy and learn about some skills for nursing school and the application process.

Norris Sebastian, the DVISD Career and Technical Education Director, explained that Pfluger Architects is the firm that is designing the CTE building that will be complete this summer with kids starting in the Fall. The building will have birthing mannequins and mannequins that can show symptoms of certain diseases like the Flu. Clinical rotations will start to be provided in the CTE simulation lab. The building will be 6,600 sq. ft. The CTE building will include: anatomy physiology lab; graphics design lab; classrooms attached to each lab; biotech lab; health science area; forensics; law enforcement classes; government class; and a mock courtroom. The EMT area will have a full-size ambulance simulator. The CTE tracks are all 4 year programs that start in high school. About 1/2 of the classes have college credit with them.

Child Nutrition: Jessica Kistler, the Nutritionist and Food Service Manager at DVISD, presented next. Dinner was provided by the Del Valle ISD culinary program. They explained that they choose fresh foods and mix colors to make foods appealing to kids. They provide breakfast in the classroom and through the line. There are multiple choices for lunch. Dinner and snacks are provided for afterschool programs. They try to make everything healthy, quality, and local. They focus on scratch cooking, more raw proteins, clean fresh local ingredients. They try to encourage kids to think about where their food comes from. They also try to get students to explore new tastes. They poll students to pick what they would like to eat so they are giving kids what they like, for example "kidzables," DVISD's version of the lunchable. They did a breakfast in the classroom food tasting with 6th graders. At the high schools, they test new foods out of the 2 food trailers. Future Chefs is a program where the kids are given a theme and they have to cook. The winner this year made a sushi roll with crab and cucumber with the theme of Asian Fusion. They do pre and post workout meal education with the athletic teams. This year for "Go red for your heart" they served a lot of fresh red fruits and veggies, and sent out a weekly newsletter with a recipe that includes the featured food item and details about what's good about them. March was National Nutrition Month, so they served new fruits like dragon fruit and rainbow carrots. "Taste 4" will be a "build your own" line similar to Chipotle or MOD Pizza. They will also be launching a "So Happy" app that lets parents see calories, allergens and nutritional facts.

Attendees then toured the Athletic Facility

Adjournment: The meeting was adjourned at 8:00 p.m.