

## OTHER SERVICES

### Communities for Recovery

4110 Guadalupe, Bldg. 635, Austin, TX 78751  
(512) 758-7686 | [www.CforR.org](http://www.CforR.org)

Communities for Recovery offers peer recovery coaching, peer support services and programs, meditation, opiate addicts anonymous, dual recovery 12-step program, and 12-step recovery group.

Offers an Alternative Peer Group called Refuge Recovery. Refuge Recovery is a non-profit organization grounded in the belief that Buddhist principles and practices create a strong foundation for a path to freedom from addiction. It is an abstinence based program that uses the eight-fold path to recovery including: understanding, intention, communication/community, action, livelihood/service, effort, mindfulness/meditation, concentration/meditations.

### Lifering Secular Recovery

\*Meeting Locations Vary  
1-800-811-4142 | [Austinlifering.org](http://Austinlifering.org)

Lifering Secular Recovery offers peer support recovery groups that don't follow the conventional 12-step structure.

### North Austin Foundation

1000 Prairie Trail, Austin, TX 78758  
(512) 614-0184

<http://www.northaustinfoundation.com/>

North Austin Foundation offers temporary shelter to people who want to get sober, on-site meetings, a sober supportive environment, fellowship events, and a 12-step program.

### Sage Recovery and Wellness Center

7004 Bee Caves Rd, Bldg. 2, Suite 200, Austin, TX 78746  
(512) 831-8006 | <https://www.sagerecoveryaustin.com/>

Sage Recovery and Wellness Center offers "Dual Recovery Anonymous" which is a 12-step meeting for those with dual diagnosis or co-occurring disorders. They also offer "Recovery Cross Talk" which is a structured mutual support group for people who are seeking recovery from a substance use and co-occurring disorders.

### SMART Recovery

\*Meeting Locations Vary  
(440) 951-5357 | <http://www.Smartrecovery.org>

SMART Recovery (Self-Management And Recovery Training) helps individuals gain independence from addiction using a 4-point program that's based on scientific knowledge.

### The Center for Students in Recovery at UT Austin

[2109 San Jacinto Blvd.](http://2109.SanJacintoBlvd) Belmont 222 Austin, TX 78712  
(512) 475-6778 | <https://recovery.utexas.edu/>

Texas Students in Recovery is [a community of students in recovery from addiction](#): All ages, academic levels, and students from all schools are welcome to participate. They offer recovery-supportive programming which includes student-led peer support group meetings, sober social activities, service opportunities, and educational programming.

## ALTERNATIVE PEER GROUPS (APG)

### Keystone

Must Contact for Location  
[info@keystoeaustin.org](mailto:info@keystoeaustin.org) | <http://keystoneaustin.org>

Keystone Alternative Peer Groups are aimed at helping adolescents and their families to recover from the harm caused by substance use and addiction.

### Palmer Drug Abuse Program

\*Multiple Locations  
(512) 971-6053 | <https://pdapaustin.org/>

Palmer Drug Abuse Program offers alternative peer groups for parents and adolescents. Its uses a 12-step recovery model and provides a variety of opportunities to be in community.

**Suicide Hotline**  
**(512) 472-HELP (4357)**

**TREATMENT  
& PEER  
RECOVERY  
RESOURCES**

## COUNSELING RESOURCES

### Capital Area Counseling

2824 Real St., Austin, TX 78722  
(512) 302-1000 | <http://www.cacaustin.org/>

Capital Area Counseling offers counseling for adults, adolescents, children, couples and families in English and Spanish. They also offer group therapy.

### Community Care Clinic

\*Multiple Locations  
(512) 978-9000 | <https://communitycaretx.org/>

Community Care Clinic offers group and individual counseling.

### LifeWorks

3700 S 1st St., Austin, TX 78704  
(512) 735-2400 | <http://www.lifeworksaustin.org/>

LifeWorks offers community-based peer support counseling, shared psychiatric services, resolution counseling, and youth/ adult counseling.

### LoneStar Circle of Care

\*Multiple Locations  
(877) 800-5722 | <https://lonestarcare.org/>

LoneStar Circle of Care works under an integrated model. They offer individual therapy to children, adolescents, and adults. In order to use their behavioral health services, one must be referred by their primary care provider. They have free interpretation available for Spanish and American Sign Language.

### Phoenix House

\*Multiple Locations  
1-888-671-9392 | <https://www.phoenixhouse.org/>

Phoenix House offers residential drug and alcohol addiction treatment services for teen boys ages 13 - 18 who struggle with substance use disorder and co-occurring mental health problems. They offer 12-step work, cognitive behavioral therapy, and trauma-informed therapy. They also offer outpatient services which include comprehensive assessment; individual, group, and family counseling; mental health services; case management; life-skills education; drug testing; and recreational activities, as well as a specialized program for women and girls.

## LOCAL MENTAL HEALTH AUTHORITIES (LMHA)

### Bluebonnet Trails

#### Community Services

1009 North Georgetown Street,  
Round Rock, TX 78664  
(844) 309-6385 | <http://bbtrails.org/>



Bluebonnet Trails Community Services provides substance use screening, assessments, and referrals to all counties in Central Texas and provides intervention, support, and recovery services to people in all counties, except Travis County.

### Integral Care

\*Multiple Locations  
(512) 472-HELP (4357) <https://integralcare.org/>



Integral Care serves Travis County residents with programs to help people recover from drug and alcohol addiction, such as counseling, therapy, detoxification, medically assisted treatment, housing, employment services, and crisis services.

## COUNSELING RESOURCES

### Sol Counseling

3400 Kerbey Ln., Austin, TX 78703  
(512) 366-0954  
<http://solhealing.com/counseling-austin/sol-community-counseling/>

Sol Counseling offers holistic counseling services that focus on mind, body, and spirit.

### The Austin Center for Grief and Loss

2413 Greenlawn Pkwy, Austin, TX 78757  
(512) 472-7878 | <https://www.austingrief.org/>

The Austin Center for Grief and Loss offers individual therapy, support groups, crisis bereavement services, and workshops.

### The Christi Center

2306 Hancock Dr., Austin, TX 78756  
(512) 467-2600 | <http://christicenter.org/>

The Christi Center offers individual and group therapy to help overcome grief and loss. They offer a "loss to overdose and addictions" group for families and individuals.

### YWCA

2015 S. Interstate 35 #110, Austin, TX 78741  
(512) 326-1222 | <https://www.ywca.org/>

YWCA offers group and individual therapy.

## NARCOTICS ANONYMOUS (NA)

### Central Texas Area Narcotics Anonymous

1108 Lavaca Street Ste. 110-284, Austin, TX 78701  
(512) 480-0004 | <http://ctana.org/>

NA offers peer support recovery groups for persons addicted to any type of drug.