

CAN Community Council Meeting Notes

Monday, September 19, 2022

Zoom Video Conference

Present: Rachel Hampton, Nora Comstock, Nancy Gilliam, Lou Serna, Lydia Galvan, Donovan DePriest, Laura Goettsche, Patricia Longoria Camacho, Dulce Gruwell, Caroline Reynolds

Staff Present: Jelina Tunstill, Raul Alvarez, Carlos Soto

Guests: Ara Merjianian, Anabella Tarango, Sandra Smith, Jeff Cary, Bella Kichner

Call to Order and Announcements	Rachel called the meeting to order at 6:06 pm. A quorum was present.
Approval of August 15, 2022 Minutes	The August 15, 2022 minutes were approved unanimously on a motion by Lydia and second by Nancy. Laura and Patricia abstained.
CAN Community Council Chair's Report	<p>Summary: Donovan stated that the Board meeting was in person at Austin Energy. He stated that Raul shared the history of CAN and the group looked at the value of CAN and opened a conversation about CAN in the future. He stated that the Community Council workgroups need to start discussing how presentations will be completed whether that be assignments, in workgroup meetings, or out of workgroup meetings. The Community Council took a poll on meeting style for next year. It was decided that the Community Council will follow a similar meeting structure as the CAN Board where they will meet in-person only for 2 meetings and all the rest of the meetings will be virtual only.</p> <p>Rachel addressed recruitment and encouraged every member to try to recruit at least one person for the Community Council. The Community Council can have up to 30 people, but it is okay if we maintain around 15-20 members. She encouraged everyone to be thinking about areas of focus for 2023.</p> <p>Follow up: The Community Council Chairs will bring a proposed 2023 meeting schedule to the next meeting.</p>
Executive Director's Report	<p>Summary: Raul reiterated the points Donovan made on the Board meeting. Steven Pedigo, the keynote from our summit, will come to the October Board meeting to do a follow up on "Ensuring an Equitable Economic Recovery." The November meeting will be the</p>

	<p>CAN retreat on November 18th. The December meeting will be a legislative preview for the next session from the City, County, AISD, and state delegation.</p> <p>The Language Access RFP was finalized for the Spanish Resource and Engagement piece of the Language Access Project for Mental Health and Wellness (LAPMHW). NAMI will lead that effort by facilitating creating a toolkit and Contigo Wellness is going to help with a communications campaign for mental health and wellness. We are waiting on data for selecting the other two languages for this project.</p> <p>Raul asked everyone to fill out the stakeholder survey.</p> <p>Comments: Lydia stated that the schools and teachers may be a great place to get data on languages for the LAPMHW and the teachers would find this work helpful. Ara agreed with Lydia’s comment, and added that we need to focus on the recommendations in the mental health report. He also stated that he is working with Nora to meet with the schools and advocate for funding around the recommendations in the Mental Health Report.</p> <p>Follow-up: Send retreat invite to the Community Council.</p>
<p>Via Hope Presentation</p>	<p>Via Hope Presentation Summary: Sandra Smith shared a PowerPoint about Via Hope. She shared that Via Hope was created through the Achieving the Promise final report of the President’s New Freedom Commission. They built their programs to mimic the programs that already existed in Georgia. There are three forms of peer support in Texas: substance abuse, mental health, and re-entry. Via Hope offers peer support and supervisor certification training, CEU trainings, and organizational change work. She stated that peer support workers bring their own personal knowledge of what it is like to live and thrive with mental health conditions and substance orders. They inspire hope, walk with people on their recovery journeys, and support people in identifying their goals, hopes, and dreams by creating a roadmap for getting there. She shared a graphic of the continuum of helping relationships which go from one-directional to reciprocal. Peer support falls right in the middle at intentional one directional relationship. They have 6 credentials that can be earned including mental health, peer support supervisor, recovery support, peer recovery support, family partners, and re-entry specialist. The reentry training focuses on the “Thraumas” (three traumas) connected with reentry: before incarceration, during incarceration,</p>

	<p>and after incarceration. All of their programs are focused on healing.</p> <p>Q&A: Does Via Hope offer the wellness recovery a program? Yes, and publicly available in October.</p> <p>What is Via Hope doing with the Libraires? In September 2021 Via Hope received a 2.1 million grant to provide trainings for all three of the trainings and we placed them in non-traditional settings like the jail complex, public defenders' office, and now we have partnered with St. David's for "Libraires for health" to put peer specialists in the libraries. They are currently in 5 libraries.</p>
<p>Connect ATX Presentation</p>	<p>Connect ATX Presentation Summary: Anabella and Jeff presented on Connect ATX and 211. Jeff shared a comparison chart for 211 and Connect ATX. He stated that that 211 is a statewide program and United Way is a contractor of the state. There is not as much flexibility to adapt it to community need. That is how Connect ATX was born. They are 1 of 23 211 providers and during the first year of the pandemic they fielded nearly 1 million calls. If there is an immediate need they are usually sent to 211, with Connect ATX they do a social determinants of health screening. The call is a little bit longer. They ask callers for their consent to store (not share) their information. Connect ATX has a partnership with Lyft and Indeed to provide rides to services or to interviews. They service the 5 county MSA. Connect ATX is not available 24/7 but is available through text and chat. Anabella shared that the online version of Connect ATX is an online repository of free or reduced-price resources and has a closed loop referral system. Anabella demonstrated how to use Connect ATX.</p> <p>Comments: Nora asked what was open until 6pm and sees that as a challenge when people have emergencies after hours. Jeff explained that Connect ATX is open until 6pm and 211 is 24 hours. He explained that they only schedule Lyfts when there are people in office to make sure people get their rides.</p>
<p>Adjournment</p>	<p>Rachel adjourned the meeting 8:01 pm.</p>