

CAN Community Council Meeting Notes

Monday, January 23, 2023

Zoom Video Conference

Present: Jenzie Zane, Kelly Crook, Nora Comstock, Donovan DePriest, Rachel Hampton, Patricia Longoria Camacho, Caroline Reynolds

Staff Present: Jelina Tunstill, Raul Alvarez, Carlos Soto

Guests: Ara Merjanian, Batool Abbasi, Craig McNary

Call to Order and Announcements	Donovon called the meeting to order at 6:05 pm. A quorum was present.
Approval of December 12, 2022 Minutes	The December 12, 2022 minutes were unanimously approved on a motion by Rachel and a second by Nora.
CAN Community Council Chair's Report	Summary: Donovan stated that the CAN Board is focusing on ensuring an equitable economic recovery this year. He shared that Councilwoman Fuentes would like to expand Mental Health First Aid Training for the CAN Board as well. The CAN Board and Executive committee decreased their meetings to 1 hour each. During today's workplan discussion we will discuss how we can support the CAN in their priorities.
Vice Chair Nomination	Summary: Patricia Longoria Camacho was unanimously accepted to be the 2023 CAN Community Council Vice Chair on a motion by Nora and a second by Kelly.
Member Nominations	Summary: Craig McNary and Batool Abbasi were unanimously accepted to be CAN Community Council members from 2023-2025 on a motion by Donovan and a second by Nora.
Executive Director's Report	Summary: Raul announced that the Executive Committee and CAN Board have already met this year. The Executive Committee is focused on finalizing the workplan and the budget. The Board has been having conversations about mental health and looking at mental health data. During this month's meeting they heard from 2 Quality of Life Commission's studies (LGBTQ+ and African American) specifically focused on wellness and mental health. The Commission on Women, Immigrants, and Early Childhood will be releasing studies within the next year. The Board is wanting to do a year-long campaign to focus on Mental Health First Aid Training, starting with the CAN Board partners and then moving on to the

	<p>broader community. He shared a PowerPoint outlining what was accomplished in 2022. CAN held 4 Expanding Opportunity Forums on women, communities of color, apprenticeships, and family friendly workplaces. The next step will be to form a planning team that will inform the regional summit and what CAN can advocate for. The Language Access Project for Mental Health and Wellness is happening in Spanish, Vietnamese, and Arabic. NAMI is the lead partner for the Spanish language work. The next steps for our language access work are announcing and distributing the Community Resource Guides which are available in 10 languages. The next step for addressing community mental health is developing a training initiative for mental health first aid and pushing forward the recommendations from the Community Council.</p> <p>Comments: Kelly asked who the chair and vice chair are for the CAN Board. Raul answered City Councilmember Vanessa Fuentes is the Board chair and Liz Johnson with St. Ed's is the Board vice chair. Ara stated that about 15% of people who got COVID have long COVID, and that Asian discrimination is on the rise and Asian businesses are seeing a drop in business. He wanted to make sure we keep in mind how all these things are connected. Raul stated that some of those issue came up in the Expanding Opportunity forums and will be considered by the Expanding Opportunity Planning Teams.</p>
<p>Workplan Discussion</p>	<p>Donovon stated that we will need to brainstorm on what the Community Council should focus on this year.</p> <p>Kelly suggested considering how we could be useful to the CAN Board so that we aren't working on the same things. She asked if there is a way we could spend our time gathering real voices to better capture what the community is experiencing instead of research statistics. She stated that what the community experiences doesn't also line up with what people experience professionally.</p> <p>Craig added that there is already enough data that tells us what the issues are. There should be a focus on how to deploy solutions in an equitable way that is cost-effective.</p> <p>Donovon stated that CAN is having discussions about how the recovery includes workforce, mental health, and how to get the information out. He stated that it's a great idea to share information without writing report.</p>

Rachel agreed. She likes the idea of centering voices not organizations working in the field were studying and reminded everyone that we don't have to focus on Mental Health First Aid and we can focus on whatever feels relevant to us. She also likes figuring out the solutions to Ensuring an Equitable Economic Recovery for our community.

Caroline stated that this seems tricky because things won't return to the way they were. She suggested focusing our efforts in one area rather than looking at the whole picture. We need to figure out who is affected and focus on them.

Rachel shared notes from the CAN Board Retreat.

Raul added that we focused on mental health and this year we focused on a subset of those recommendations. He stated that the Community Council doesn't need to start from scratch on the topic of economic recovery. We have noted from forums and the board retreat. If there is an issue or two that interests the council, it's easier to dive deeper into concrete solutions. The board has a wealth of information about economic recovery. Another option is advocacy, outreach, and engagement in the community around the mental health reports that the Community Council has released the past two years.

Caroline added that we should ask Councilmember Fuentes to share what city services are getting the most calls to see where we can focus our efforts. We could also ask what groups need resources.

Donovon added that the people that need the help the most are at work and can't attend these small group meetings. He suggested going to small businesses (or people we haven't reached yet) and figuring out what equity means to them and what they would need to consider the recovery equitable.

Raul stated that the CAN Board is setting up an Expanding Opportunity Planning Team that will look at those very specific ideas and CAN's role in addressing those. We are deciding on priorities right now and Community Council can join in on those conversations.

Ara wanted to make sure we maintain a focus on children and youth. He also stressed the point that we need to make sure we are ready for the next community-wide/nation-wide crisis.

	<p>Craig stated that there are usually plans in place for emergency response state-wide and typically doesn't involve the city council.</p> <p>Nora added that there is an emergency planning committee through Central Health and the issue is getting the services to people who need it and it is something that needs attention. She also added that we haven't made any progress on mental health. She feels that we don't need to move on and continue to focus on mental health.</p> <p>Donovon added that all aspects mental health, so if we shift focus to housing, food insecurity etc. it would still impact the state of mental health. He also added that the areas that need the help are also the communities that don't talk about mental health.</p> <p>Raul stated that after summarizing what we did last year it may be that half the Community Council wants to focus on economic recovery and the other half wants to continue working on mental health.</p> <p>Raul stated that CAN is wanting to train CAN partners in Mental Health First Aid in May and then open it up publicly in June. Craig asked if police were invited to these trainings. Rachel clarified that police have been involved in Mental Health First Aid trainings that she has been apart of.</p> <p>Follow-up: Donovan stated that he will narrow these ideas on 3-5 topics for next meeting that we can discuss. Community Council members will email their ideas to Jelina.</p>
Adjournment	Donovon adjourned the meeting 8:00 pm.