

CAN Community Council Meeting Notes

Monday, February 27, 2023

Zoom Video Conference

Present: Batool Abbasi, Caroline Reynolds, Laura Goettsche, Donovan DePriest, Nora Comstock, Nancy Gilliam

Staff Present: Jelina Tunstill, Raul Alvarez, Carlos Soto

Guests: Ara Merjanian

Call to Order and Announcements	Donovon called the meeting to order at 6:07 pm. A quorum was not present.
Approval of January 23, 2023 Minutes	Due to a lack of quorum, acceptance of the January 23 rd minutes will be moved to the next Community Council Meeting.
Member Nominations	<p>Summary: Due to the lack of quorum, member nominations will be moved to the next Community Council Meeting.</p> <p>Follow-up: Donovan will follow-up with nominees to see if they are still interested in CAN Community Council membership.</p>
Workplan Discussion	<p>Summary: Donovan asked how the Community Council could support the CAN Board in their 2023 priority areas: Mental Health First Aid training and Ensuring an Equitable Economic Recovery. Nora stated that Mental Health First Aid training would benefit many communities. She suggested offering the training through organizations. Caroline suggested offering the training through PTAs and place for living. Donovan stated that a barrier to offering the training through PTAs is that the places that may need the training the most may not have active PTAs. Raul stated that as they look through call data there are disparities by race, age, and LGBTQ status, recommendations for any peer support would be beneficial. He has studied a similar mental health initiative done in New York. Their mental health initiative focused on the populations that were hardest hit by the pandemic, not necessarily training the community members, but also by training non-profits that interact with those populations. Nora added that Austin Voices is heavily involved in Hispanic communities and the eastern crescent of opportunity. She suggested training and informing through Austin Voices. Caroline suggested training through churches, men's and women's groups, and other community groups. Batool suggested working with the school districts to offer the training. Donovan stated there are legal barriers with the school districts offering</p>

	<p>mental health training and supports. Ara stated that we need to make sure we lay out the context in which this work is happening, identify the groups that will be offering the training, and assess capacity and resources for providing training.</p> <p>Follow-up: Donovan encouraged CAN Community Council members to send any ideas they may have for the upcoming year to himself or Jelina.</p>
<p>Executive Director's Report</p>	<p>Summary: Raul stated that the Board and Executive Committee meetings have been condensed to 1 hour. During the last Board meeting most of the discussion was centered around the Mental Health First Aid initiative to have a community wide campaign to get "x" amount of the community trained in Mental Health First Aid. There will be a workgroup of board members to identify the goals for that initiative and plan steps for how to make it happen. Raul invited any interested Community Council members to participate in that workgroup. Tentatively the plan is to have trainings available in May for CAN partner agencies and their staff. CAN's suggestion may be to train the trainer. The LGBTQ Quality of Life Commission will do a budget ask to support mental health efforts and we may try to see if we can use that money to train trainers in that specific community and it could be duplicated in other quality of life commissions. He stated that we are forming a planning team for Ensuring an Equitable Economic Recovery. He stated that CAN Community Council members could participate in that group as well.</p>
<p>Adjournment</p>	<p>Donovon adjourned the meeting 7:32 pm.</p>