

CAN Community Council Meeting Notes

Monday, April 17, 2023

Zoom Video Conference

Present: Donovan DePriest, Batool Abbasi, Nora Comstock, Rachel Hampton, Patricia Longoria Camacho, Kelly Crook, Sona Shah

Staff Present: Jelina Tunstill, Raul Alvarez, Carlos Soto

Guests: Ara Merjanian

Call to Order and Announcements	Donovon called the meeting to order at 6:07 pm. A quorum was not present.
Approval of March 20, 2023 Minutes	The March 20, 2023 minutes could not be accepted due to lack of quorum. The approval of the March meeting minutes will be moved to May.
Executive Director's Report	Summary: Raul announced that CAN hosted the Butler Awards, and he gave a brief description of the award winners. Central Texas Veterans Services Coalition won the Spirit of Collaboration award. Binh Ly, Venus Piñero de Hoyos, and BRAVE Communities won the Bridge Builder award. Dove Springs Proud, Financial Health Pathways, and The Austin Common won the Community Leadership award. He shared that CAN published the Community Resource Guides on March 22 nd . The Language Access Action Team worked over the past two years to develop the guides in 9 languages other than English. The Language Access Action Team has decided to create another guide on the topic of housing. The guides are formatted as videos to help reach people who may have a low level of literacy. The Board invited the Community Council to come back in May to present the recommendations from the 2023 Community Council Mental Health Report in depth.
Community Council Chair's Report	Summary: Donovan stated the CAN celebration was great. He stated that in the last Board meeting the Community Council presented 2023 report. He stressed the need to finalize the report. After edits are made, Raul will send the report out to all the Community Council members for a final review.
Workplan Discussion	Summary: Donovan shared that he met with the CAN Board Chair and discussed the Community Council exploring "the why" in relation to mental health and the environmental needs for creating an equitable economic recovery. Identifying who in our community

	<p>needs assistance and why each topic is important. Councilmember Fuentes suggested to Donovan that testimonials would be great to include in next year's report to the Board. She also suggested looking at the impact of the Mental Health First Aid Initiative that the Board is working on this year. He stated that this year's report may need to be more anecdotal rather than statistically heavy as they have been the past few years. He stated there are two options for the upcoming year (continuing to work on mental health or what is needed for an equitable economic recovery and what that looks like) and the Community Council can focus on one or both. He also stated that the Community Council could do two workgroups as it has in the past if it's decided to work on both topics. The group decided on backwards planning. They established that the end product for this year that will be presented to the Board is a list of recommendations of barriers that need to be removed to better access mental health care/ supports and a list of recommendations for building family friendly workplaces that builds the community's resilience and puts the community in the direction of an equitable economic recovery. For each of those topics, utilizing testimonials from mental health professionals, United Way, City of Austin resilience committee, and feedback from Mental Health First Aid training participants. Another focus should be looking at the Community Council's past recommendations from past reports and seeing what progress has been made on them.</p> <p>The workplan discussion brainstorming notes are attached below.</p>
Adjournment	The meeting ended at 7:48 pm.

Curiosities

How many employees are accounted for with CAN Board organizations?

Reaching out to mental health workers right now to gather personal or professional barriers that they face ✓

Our mental health is part of the recovery

Tell the Why

humanize the conversation, testimonials, collecting stories, community engagement, ground the Board

Plot from mental health to EBI mid year

Tackling both pieces is overwhelming

Create a challenge document - list of things and reasons why they are important. Ask you providing - We challenge you to... Have you thought to...

Support employees and create resiliency

Partner with United Way to create Family Friendly Resiliency

Menu of options

Mental Health

Equitable Economic Recovery



Overarching theme: Resilience

To present to the Board

- List of recommendations of barriers to be removed to better access mental health
- List of recommendations for family friendly workplace to build resiliency
- Going back to the past 2 years recommendations to see whats been done ✓✓

Love the idea of a clarity around providing recommendations -- we can then back our way into what we need in order to provide these recs through presentations

Working document and report is being built throughout the year

What are the barriers on why you didn't consider this recommendation - to orgs

It would also be good when we come across recommendations that CAN partners actually implemented to do a sort of "after-action review" on how they worked, were they effective, e

Follow up on Engagement around MHFA

People to work with for testimonials

- United Way
- COA Resilience office
- community
- mental health workers

COA 2023 Strat Plan

Improve community health, social cohesion and connections, and resilience through programs and amenities that strengthen families, foster an increased sense of community, and enhance support networks