

CAN Community Council Meeting Notes

Monday, August 21, 2023

Zoom Video Conference

Present: Kelly Crook, Patricia Longoria, Rachel Hampton, Nancy Gilliam, Batool Abbasi, Caroline Reynolds

Staff Present: Jelina Tunstill, Raul Alvarez, Carlos Soto

Guests: Ara Merjanian

Call to Order and Announcements	Patricia called the meeting to order at 6:05 pm. A quorum was not present.
Approval of March 20, 2023, April 17, 2023, May 15, 2023, and June 26, 2023 Meeting Minutes	The March 20, 2023, April 17, 2023, May 15, 2023, and June 26, 2023 minutes could not be approved due to lack of quorum. They will be moved to the next meeting.
Executive Director's Report	<p>Summary: Raul stated that we have been finishing up the mental health toolkit for Spanish speakers. We are currently trying to move from a pdf to an interactive website. We have also created social media content about mental health in Spanish with Contigo Wellness. The social media campaign is about 40 weeks of weekly content. He stated that one of the tools is a 30-day wellness challenge, so we are thinking of making January the month where we do the wellness challenge with a celebration at the end. We have a group working on the Arabic development of a toolkit and have had challenges getting a group together for the Vietnamese toolkit. We have set an initiative to train 1000 people in Mental Health First Aid. He also stated that Batool, Jelina, and himself took the Mental Health First Aid Trainer training and let the community council members know if they are interested in either training to let him know. He asked if there was interest in Batool hosting a training for the Community Council and we could extend the invitation to community members as well.</p> <p>At the June board meeting the Board narrowed the Ensuring an Equitable Economic Opportunity priorities to addressing affordability challenges for people seeking workforce training and increasing earn and learn opportunities.</p> <p>Comments and Suggestions: Kelly is interested in having a MHFA training for the Community Council but wants to ensure that</p>

	<p>we fill the slots and that we consciously pick what community members we'd invite. Raul added that Integral Care offers a free community training per month and there are different ways to take the training. He also mentioned we would need to think about timing since it is a full day training. Ara stated that the Community Council should show support the CAN Board Chair's initiative with getting trained. Kelly asked if there's any data on people not being served adequately. Raul stated that the Community Council Mental Health Report shows the people showing the greatest challenges are people in the LGBTQIA+ community and people with disabilities. Patricia asked what timeline there is and Raul answered anytime before June 1st.</p>
<p>Overview of the 2023 CAN CC Workplan</p>	<p>Summary: Patricia stated that over the past few meetings the group has narrowed the focus of the year on updating the Person-Centered Community Framework published by the Community Council in 2016. She stated that the Chair's came up with 3 questions for presenters that we would like to get feedback on. Jelina clarified that the focus groups for this year would be the ageing community and early childhood.</p> <p>Comments and Suggestions: Raul asked what the purpose is. He suggested inviting people in the workforce space to see how they are utilizing the framework or is it updating the report and focusing on specific populations. Jelina clarified that each topic would get 3-4 months of focus. Rachel added that there will be a focus on highlighting the voices of communities that are typically missed or not called upon to provide feedback. Nancy mentioned that the PCC report was written pre-COVID and we need to consider a question that addresses how COVID changed their approach to care. Kelly agreed with Rachel and suggested narrowing to a specific group of children i.e. children with disabilities. Jelina summarized the conversation saying the goal is to update the Person-Centered Community report and hear from organizations/ communities that don't often get asked for their feedback.</p>
<p>2023 Planning Work Session</p>	<p>Summary: Jelina stated that we need to think through what the rest of the year looks like regarding presenters, questions for presenters, and recruitment for 2024.</p> <p>The questions are:</p> <ol style="list-style-type: none"> 1. How has your organization/ program utilized the strategies from the PCC framework? 2. What PCC strategies does your organization/ program utilize that isn't reflected in the framework?

3. Of the strategies listed in the framework, which one could we help your organization/ program implement?

We added a question about COVID: How did COVID impact how you can focus on your service population? What kind of innovative strategies did you develop that you can continue?

For presenters, Ara suggested a panel of healthcare providers. It was suggested to have another summit or a deliberative dialogue on the topic. Any presenters we aren't able to hear from we can send a survey. For aging the group suggested: AGE, DFPS, Meals on Wheels, AAUL, ARC of the Capital Area, Disability Rights Texas, and ARCIL. For children the group suggested: ACGC, DFPS, LifeWorks, African American Youth Harvest, CASA of Travis County, AAUL, CIS, and Urban Roots.

Regarding recruitment, Jelina stated that it is the time of year to start thinking about recruitment and retention of members. Kelly suggested asking the people who aren't showing up why they aren't able to attend meetings. Rachel wondered if the virtual meeting space makes it easier for people to skip out. Rachel also stated that once people miss a few meetings they may feel so out of the loop they stop coming altogether and something that may help is a grounding statement at the beginning of every meeting. Jelina asked if a structure like the CAN Board meetings would be beneficial for the Community Council. They meet virtually except 3 in person meetings. Kelly suggested attending a CAN Board meeting as part of the Community Council meeting and the Community Council could meet an hour before or after. Raul stated that the retreat will be happening in November. Nancy stated that the first meeting could be an in-person meeting to meet new members. Batool said meeting in person may increase engagement but may deter new members. She also stated that if people miss a couple of meetings in a row, they can feel lost, and it may be more feasible to do 2 1-hour meetings a month instead of 1 2-hour meeting. Jelina suggested a buddy system to improve engagement, relationships built, and catching people up who may miss meetings. Rachel suggested getting more board member participation in Community Council meetings. She suggested getting a different CAN partner at each meeting for 30 minutes to talk about their organization and possibly mentor. Rachel suggested an executive summary be sent out in the reminder emails that address What we covered in the last meeting, the Decisions that were made, what we are covering next time, and What needs to be done to be prepared for the next meeting? Ara added that during his term as chair they had to lead with up front expectations about attendance and back-end follow-up. Kelly suggested optional in person activities that aren't the Community Council meetings but opportunities for connection. Rachel

	suggested getting a physical signature on expectations.
Adjournment	The meeting was adjourned at 8:04 pm.