

CAN Community Council Notes

Monday, January 22, 2024

Zoom Video Conference

Attendees: Patricia Longoria, Nancy Gilliam, Craig McNary, Caroline Reynolds, Donovan DePriest

Staff: Raul, Alvarez, Jelina Tunstill, Carlos Soto

Guests: Ara Merjanian

<p>Call to Order</p>	<p>Patricia called the meeting to order at 6:07 pm. No quorum was present.</p>
<p>Executive Director's Report</p>	<p>Summary: Raul stated that the CAN Retreat was in December and the Board had a follow-up strategy session in January to review what was learned in the retreat. From that a work plan was developed and presented to Executive Committee and will go to the Board for approval. He announced that the Board reached its goal for the amount of CAN member organizations staff trained in Mental Health First Aid. The Board will continue to get trained through the original goal date, May. Raul stated that they are exploring a train-the-trainers model with MHFA. Regarding language access, CAN published the Spanish mental health toolkit in October and are in the process of engaging the community around the toolkit. The Arabic and Vietnamese toolkit are still in development. The Regional Summit will be on April 5th at ACC Round Rock focusing on earn-and-learn programs and upskilling programs. Last, Raul shared the bylaws and proposed making changes regarding the membership of Community Council and representation of Community Council on the Board and Executive Committee. He also suggested working this year to re-envision the role of Community Council, which is timely since next year will be the 30th anniversary of CAN.</p> <p>Comments and Suggestions: What's the cap on train-the-trainers training? Raul answered 15 is the cap. Craig agreed with changing the bylaws. Patricia asked what CAN wants from the Community Council? Raul shared that the charge is broad and allows the Community Council flexibility. It could be that the Community Council shares its perspective on a topic that the Board is focusing on or focusing on a challenge in the community that the Board is oblivious to. Any topic in the Dashboard would be appropriate. He stated the board is focused on mental health and economic equity/ mobility and that could also be a focus of the Community Council to research and converse around pieces of economic mobility that the Board won't be able to cover.</p> <p>Follow-up: Raul will bring back a proposal of bylaws changes.</p>
<p>Approval of minutes from the September 18, 2023 Meeting Minutes and November 13, 2023 Meeting Notes</p>	<p>Quorum was present at 6:30 pm. The September 18, 2023 minutes and November 13, 2023 notes were approved unanimously on a motion by Donovan and a second by Craig.</p>

<p>CAN Refresher - presentation</p>	<p>Summary: Jelina shared a presentation to explain CAN, CAN tools, and how the Community Council connects to CAN. Jelina shared the CAN mission and 26 Board partner organizations. She then shared the current CAN tools and resources and how they connect to CAN’s goals. The CAN tools include: the CAN Dashboard, Race Equity Action Framework, Race Equity Principles in Practice Training Series, the We CAN! Atx language access website, the CAN podcast, Community Resource Guides, Mental Health Toolkits (Spanish, Arabic, and Vietnamese), the Regional Summit, Expanding Opportunity Forums. Jelina explained that the Community Council helps guide the work of CAN and represents the community and community voice.</p> <p>Comments and Suggestions: Does the We CAN! Atx website track clicks and website visits? Jelina responded that she will ask the web designer for that data and share back at the next meeting.</p>
<p>2024 CAN CC Workplan Review – presentation</p>	<p>Summary: Patricia shared that the Community Council worked on mental health for the past two years and through work planning last year a new overarching theme appeared of resilience. Through further discussion we landed on exploring the theme of resilience through the lens of a past community council focus, building a person-centered community, a report written by the community council in 2016. The BAPCC report outlined a framework of person-centered strategies, and although many are still relevant, we acknowledge that because of the pandemic and many organizations have had to think creatively and create innovative change in their programs to continue to provide person centered care. We also acknowledge that specific communities may have additional person-centered care strategies that work best for their service populations that we may not have considered. Because of that we decided to update the person-centered community framework with a focus on aging populations and children with a possibility to add more specific populations. She shared the 8 current strategies listed in the framework and the questions we are asking presenters in order to update the framework. She stated that so far we have discussed aging and had AGE of Central Texas and ARC of the Capital Area present last year. She stated that this year the Community Council will be continuing to hear from organizations regarding BAPCC, identifying additional populations of interest, and working with the Board and Executive Committee to better define the role of Community Council.</p> <p>Ara provided an update on recommendations from the past 2 mental health reports. He shared that AISD is providing one million dollars towards high dosage tutoring and United Way’s Literacy Coalition is focused on a community approach to tutoring. He shared that he is participating in APH’s CHA/CHIP process and will try to include as many Community Council recommendations in the community plan. He stated that he has been working with Patricia and Nancy to identify what PCPs and pediatricians are doing to identify and address children’s mental health. The Travis County Medical Society and the Greater Austin Pediatric Society is allowing us to survey their members. Regarding peer-support specialists, there are organizations that provide the training and there is a need for more. He stated that this could be a continued focus for the Community Council.</p>



	<p>Comments and Suggestions: Caroline stated that something that would be helpful is for CAN to encourage leaders to be thoughtful and caring and volunteered to help Ara in his efforts on past Community Council recommendations. Patricia stated that she is interested in how the PCPs operate. There is no in-between in service between psychiatric care and very basic therapy and peer support becomes so important because mental health providers are stretched.</p>
Discussion: 2024 Community Council Recruitment	<p>Summary: Patricia asked who we should consider recruiting. Patricia stated that we are looking for a vice-chair.</p> <p>Comments and Suggestions: Caroline suggested going to Austin Neighborhood Council and recruit community leaders, churches, and PTAs. Nancy stated that Austin Interfaith might have some suggestions. Raul added that Commissioner Travillion asked about geographical representation and asking the elected officials may lead to a few referrals. Raul stated that we could send an invitation for all council members to share with their constituents. Caroline stated she is okay with being vice chair for the year.</p> <p>Follow-up: Jelina will send out recruitment flyer for targeted outreach</p>
Discussion: 2024 Community Council Meeting Structure	<p>Summary: Patricia stated that our current meeting time may not be the most conducive for everyone. She asked if we decrease the meeting time and if we need to meet during the day.</p> <p>Comments and Suggestions: Caroline stated that we will need more than an hour and the current meeting time is convenient. Raul added that the Board and Executive Committee all shifted to an hour and that may be tight for Community Council, but 90 minutes could be doable. Nancy, Ara, and Caroline agreed with 90-minute meetings. Ara stated that a shorter meeting would be more flexible if we wanted a daytime meeting. Nancy stated that evening is much easier for her to attend than anything during the day. Donovan stated that Mondays are difficult.</p> <p>Follow-up: Jelina will send out a survey for meeting day and time.</p>
Adjourn	<p>The meeting was adjourned at 7:52 pm.</p>